

Tips on Keeping Your Child Healthy

- Take your child to the doctor for regular checkups. Your doctor knows your child best. The doctor's office is the best place for your child to receive regular check-ups.
- Keep your appointments. Call the doctor to cancel if you can't keep an appointment.
- Call and schedule rides to your appointments when a ride is needed.
- Take snacks and books with you to the doctor. You and your child may have to wait for the appointment.
- Keep a record of your child's shots. You can ask the doctor to give you a copy of the record.
- Make a list of questions for the doctor before your visit. Remember to ask the doctor the questions.



Have you moved? Please remember to call the DFCS change center at 1-877-423-4746.

If you have questions: please call 1-888-GA-ENROLL (1-888-423-6765). Monday to Friday, 7:00 am to 7:00 pm. TTY:1-877-889-4424. *The call*

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The call is free and private. Some of our counselors speak Spanish, and we have free interpreter services for other languages.

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Choices for a Healthy Life



The Early and
Periodic Screening,
Diagnostic and
Treatment Benefit
(EPSDT)

What is EPSDT?

The Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) benefit is available to Medicaid members from birth up to twenty-one (21) years of age. It is available to PeachCare for Kids® members from birth up to nineteen (19) years of age. This federal benefit allows your child to have services that: keep them healthy; identify signs of poor health; find the causes of poor health; and get treatment for those causes.

Parents of children eligible for the EPSDT benefit need to take their children to their personal doctor for regular checkups. These checkups begin right after birth. More checkups are needed during the first year of life than at any other time.

This is because your child is growing and changing so much during their first year. Starting from three years old, take your child for regular checkups every year. A good way to remember the checkups each year is to schedule the checkup during your child's birthday month. Think about this checkup as a birthday gift to your child.

When your child's doctor finds a problem, the EPSDT benefit allows for tests and treatments to fix the problem.

Usted puede obtener este paquete de información en español:

Llame al 1-888-423-6765

For help in any other language:

Call 1-888-GA-ENROLL (1-888-423-6765) for free interpreter services

For information about joining a health plan:
Go to www.Georgia-families.com

Recommended Ages for EPSDT Preventive Visits

Your child should have a checkup with their doctor:

- Before they leave the hospital after being born. They should get their first shot while still in the hospital. If you need help finding a doctor before your baby is born, call 866-211-0950.
- Right after you get home from the doctor when your baby is 3 – 5 days old. Your doctor needs to see how you and your baby are doing now that you are at home.
- Just before your baby is 1 month old.
- When your baby turns 2 months old. Your baby will get shots at this visit.
- When your baby turns 4 months old. Your baby will get shots at this visit.
- When your baby is 6 months old. Your baby will get shots at this visit too.
- At 9 months old. Your doctor will check your baby to see if she/he is growing up properly.
- At 12 months old. The doctor will check your baby's blood to make sure she/he hasn't eaten anything with lead in it. Lead tastes sweet and can cause health problems.
- At 15 and 18 months. Shots and another check to make sure your baby is growing up properly at the 18 month visit.
- At 24 months. Your child's blood is checked again for lead.
- At 30 months. The third check to make sure your child is growing up properly.
- Every year starting at age 3 through age 20.
- Shots and other care may be given at any

What to Expect?

Doctors and nurses will ask your child and you questions about your child's medical history. They will check to see if your child is growing properly. The doctor will check your child to make sure everything is okay. Your child will get shots. The doctor will make sure your child can hear and see properly.

Please make a list of questions to ask the doctor before the day of the checkup. Ask the questions before your child's visit is over. Your doctor will also ask you about taking your child to the dentist for regular checkups.

Doctors and nurses will help you find other services your child needs. Their office staff can even help you to schedule rides and appointments.

Where and How Can Your Child Participate?

Call 866-211-0950 if you need help finding a doctor, a health clinic, a dentist or arranging a ride to your appointment.

Also, learn more about the WIC (Women, Infants, and Children) Nutrition Program to get healthy foods like milk, eggs, etc. Call 800-228-9173 for a location near you.

